



Community Health Advisory Panel

July 4, 2014

We Need to Hear Your Voice!

Dear Residents of Columbia County:

The recently formed Columbia County Community Health Advisory Panel (CHAP) has been hard at work trying to identify the most pressing health issues in Columbia County. But we need your help.

The CHAP is launching the 2014 Columbia County Health Survey so that we can hear the views of all residents in Columbia County when it comes to the health of our great county. This survey will give residents the opportunity to provide input that will go into the development of the 2014 Community Health Assessment and Community Health Improvement Plan.

And in addition to doing something for the good of our community, you also have a chance to win one of three (3) \$50.00 Visa gift cards should you choose to participate and we draw your survey from among those surveys of individuals who indicate that they wish to be included in the drawing.

There are three ways to obtain the survey. First, go directly to the following website:

<https://www.surveymonkey.com/s/columbiahealth2014>

Second, call or email Aurelio Perea at aurelio.perea@flhealth.gov or (386) 754- 7083 for information on where you can pick up a printed copy of the survey to complete by hand.

Also, scan the Quick Response (QR) code below with your mobile phone to be taken directly to the link for the survey.

On behalf of the Columbia County CHAP, I would like to thank you for taking the time to consider this very important survey.

Mark Lander, Administrator
Florida Department of Health in Columbia
County Founding Member of CHAP



2014 Columbia County Community Health Survey

Community leaders need your input on the most pressing health issues facing our community. Your responses will inform local community health improvement planning and assist in efforts in building a healthier community.

***1. In the following list, what do you think are the three (3) most important factors for a Healthy Community? You must select EXACTLY three (3) choices.**

- | | |
|---|---|
| <input type="checkbox"/> Healthy behaviors and healthy lifestyles | <input type="checkbox"/> Clean environment |
| <input type="checkbox"/> Good place to raise children | <input type="checkbox"/> Parks and recreation |
| <input type="checkbox"/> Emergency preparedness | <input type="checkbox"/> Excellent race/ethnic relations |
| <input type="checkbox"/> Affordable housing | <input type="checkbox"/> Good jobs and healthy economy |
| <input type="checkbox"/> Low crime/safe neighborhoods | <input type="checkbox"/> Access to health care (e.g. family doctor) |
| <input type="checkbox"/> Low infant deaths | <input type="checkbox"/> Low level of child abuse |
| <input type="checkbox"/> Arts and cultural events | <input type="checkbox"/> Good schools |
| <input type="checkbox"/> Strong family life | <input type="checkbox"/> Religious or spiritual values |
| <input type="checkbox"/> Low adult death and disease rates | |
| <input type="checkbox"/> Other (please specify) | |

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***2. In the following list, what do you think are the three (3) most important Health Problems in our community? You must select EXACTLY three (3) choices.**

- | | |
|--|---|
| <input type="checkbox"/> Firearm-related injuries | <input type="checkbox"/> Respiratory/lung disease |
| <input type="checkbox"/> Homicide | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> Child abuse/neglect | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Motor vehicle crash injuries | <input type="checkbox"/> Mental health problems |
| <input type="checkbox"/> Sexually transmitted diseases | <input type="checkbox"/> Infant death |
| <input type="checkbox"/> Aging problems (e.g. arthritis, hearing loss, etc.) | <input type="checkbox"/> Domestic violence |
| <input type="checkbox"/> Infectious diseases (e.g. hepatitis, TB, etc.) | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Heart disease and stroke | <input type="checkbox"/> Dental problems |
| <input type="checkbox"/> Rape/sexual assault | <input type="checkbox"/> Teen pregnancy |
| <input type="checkbox"/> Other (please specify) | |

***3. From the list below, please identify the three (3) Behaviors that you believe have the greatest impact on overall health of people in our community? Please select EXACTLY three (3) choices.**

- | | |
|---|--|
| <input type="checkbox"/> Not exercising | <input type="checkbox"/> Overeating |
| <input type="checkbox"/> Racism | <input type="checkbox"/> Dropping out of school |
| <input type="checkbox"/> Not getting immunizations to prevent disease | <input type="checkbox"/> Not using birth control |
| <input type="checkbox"/> Unsafe sex | <input type="checkbox"/> Tobacco use |
| <input type="checkbox"/> Eating unhealthy foods | <input type="checkbox"/> Not using seat belts/child safety seats |
| <input type="checkbox"/> Alcohol abuse | <input type="checkbox"/> Lack of maternity care |
| <input type="checkbox"/> Drug abuse | <input type="checkbox"/> Unsecured firearms |

Other (please specify)

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***4. For each of the following health issues, please tell us how serious of a problem each of these issues is for people in this community. The seriousness of the problem ranges from "not a problem at all" to "extremely serious."**

	Not a Problem at All	Only a Little Serious	Moderately Serious	Very Serious	Extremely Serious
Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heart Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Illness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoking and Tobacco Use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
HIV/AIDS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overweight and Obesity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol and Drug Abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***5. Health organizations say that more people are becoming overweight and obese these days. Listed below are some things that might be causes of this problem. For each potential cause, please indicate whether or not you think the cause is a major reason, a minor reason or not a reason at all for the obesity problem.**

	Major Reason	Minor Reason	Not a Reason at All
People do not know how to control their weight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People don't want to change	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy foods are expensive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fast food is inexpensive and easy to find	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is too much unhealthy food and drinks for sale in schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is too much advertising of unhealthy foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are not enough places for people to be physically active outdoors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People spend too much time in front of TV, video game and computer screens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People don't have enough information about what is in their food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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***6. Some people believe that maintaining healthy weight is up to individuals and families to deal with on their own. Others feel it is something that the whole community including schools, government, health care providers and the food industry should deal with. Which of these responses most closely matches your feelings on this issue? You must select ONLY one (1) choice.**

- It's something individuals should deal with on their own
- It's something whole communities need to deal with
- Both should deal with equally
- I don't know

***7. For each of the following activities, please rate your likelihood to participate on a scale from "1" meaning HIGHLY UNLIKELY to "5" meaning HIGHLY LIKELY. You must rate your likelihood of participating for EACH of these activities.**

	Highly Unlikely (1)	(2)	(3)	(4)	Highly Likely (5)	Not Applicable
Attend free health forums	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attend healthy cooking classes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attend nutrition classes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use nature trails for walking or jogging	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take your children to low-cost summer or after-school activities that promoted physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support community (City or County) resolutions that promote healthy eating and exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support community (City or County) resolutions that address tobacco use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use low-cost exercise options	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Visit Facebook pages or other social media concerning healthy eating and exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Visit safe parks if more were available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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***8. For each of the questions below, please answer by responding between 1 and 5 with "1" meaning STRONGLY NO to "5" meaning STRONGLY YES. You must answer for each question.**

	Stongly No (1)	No (2)	Neutral (3)	Yes (4)	Strongly Yes (5)	Not Sure
Are you satisfied with the quality of life in our community?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is the community a safe place to live?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is there a broad variety of health services in the community?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is there a sufficient number of health and social services in the community?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are there sufficient levels of trust, respect and willingness to work together to achieve community goals?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are there networks of support (such as church groups, social service agencies, etc.) for individual and families during times of stress and need?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is there a sense of civic responsibility and civic pride in shared accomplishments?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***9. How would you rate the overall health of our community? You must select EXACTLY one (1) choice.**

- Very unhealthy
- Unhealthy
- Somewhat healthy
- Healthy
- Very healthy

Now we need to find out a little bit about yourself. While you are not required to answer these questions, responses to these questions will help us better understand the community's response to this survey.

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***10. How would you rate your own personal health? You must select EXACTLY one (1) choice.**

- Very unhealthy
- Unhealthy
- Somewhat healthy
- Healthy
- Very healthy

11. What is your age? Please select only one (1) choice.

- 0-17
- 18-24
- 25-29
- 30-39
- 40-49
- 50-59
- 60-64
- 65 or over

12. What is your gender/sex?

- Male
- Female
- Other (please specify)

13. What racial/ethnic group to you most identify with?

- White (non-Hispanic)
- Black or African American (non-Hispanic)
- Hispanic/Latino
- Asian/Pacific Islander
- American Indian, Eskimo or Aleut
- Multiracial/Multiethnic
- Other (please specify)

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14. What is the level of school you have completed? You must choose EXACTLY one (1) response.

- 12th grade or less, no diploma
- High school diploma
- Some college, no degree
- Technical or trade school certificate
- Associate's degree (i.e. AA or AS)
- Bachelor's degree (i.e. BA or BS)
- Master's degree (i.e. MA or MS)
- Graduate degree or professional degree (i.e. PhD, MD, JD, etc.)

15. What type of health insurance do you currently have? You must select EXACTLY one (1) response.

- Private insurance through work
- Private insurance through Obamacare/Health Insurance Marketplace
- Medicaid
- Medicare
- VA/Tri-Care
- Have no health insurance
- Other (please specify)

16. If you are interested in being considered in the drawing to win a \$50 VISA gift card, please provide your email address or phone number. If your survey is drawn, you will be contacted by email or phone, whichever you prefer.

E-mail

Phone

Thanks so very much for your responses to this survey. Your responses will help community leaders identify opportunities for improving community health and building a healthier community.